



December 5, 2011

Hello everyone! We are enjoying our December and hope that you are too! The winter weather has not arrived but we are still getting excited about our outdoor programming. Basketball started last week and is going quite well. There are 8 teams in the Town of Plattsburgh and games will be starting on January 7 through February 25. You should check out some games on a Saturday! In November we completed our instructional volleyball program, which had almost 50 participants!

We have several winter activities that families can participate in especially during the December school vacation. They are going to be listed below. Make sure you read carefully because some require pre-registration.

Family Ice Skating: This program is on December 27, 28, and 29 from 11 AM - 12 PM. It is available to all Town of Plattsburgh residents and is free to attend. There are also skate rentals free of charge.

Family Snowshoeing & Cross Country Skiing: If the weather cooperates with us, we will be scheduling snowshoeing and cross country skiing. Please, check on our website and facebook page for updates!

Archery: Instructional archery classes will be held for children ages 8-13 years. The classes will be held at Gander Mountain from 6-7 PM on December 27th and 29th. Equipment will be provided and it's free! Space is limited and pre-registration is required by calling the Recreation Department at 562-6860.

Open Family Swim Night: This program started on November 5 at the Wellness Center, at PARC at 295 New York Road! It will continue each Friday night through March from 7-9 pm. There is a \$2 charge per person for all participants. Children under 18 must be accompanied by an adult. All participants must bring their own towel and may use the locker rooms. There will be Certified Lifeguards on duty at all times. If you have questions, give us a call at 562-6860.

1-2 Grade Basketball: We will be accepting registrations forms until December 30. The 1-2 grade program will start January 14 and end February 18. It will be every Saturday during that time period at Morrisonville Elementary. A time will be announced at a later date. To register, fill out a form and drop it off to us or mail it in.

7-8 Grade Basketball: We will be accepting registrations until January 20. To register, download a form from our website or stop in and fill one out. This program is not co-ed and will depend on the number of registrations. If we have enough participants for this program then we will form a team or teams and have practices. If the county has enough teams then they will plan a game schedule based on the participation.

Basketball Sports Official Clinics: Anyone that is interested in being a referee for our town basketball program must participate in the Clinton County Youth Bureau Clinics. You must attend a Part 1 clinic from 6-8 PM on one of the following dates: December 5, December 6, December 7, December 12, or December 28. These clinics are all held at the Youth Bureau (133 Margaret St., 2nd floor meeting room). You also must attend one Part 2 clinic either on January 5 from 6-7 PM or on January 6 from 5-6 PM. Both of the part 2 clinics are held at the City Gym

Complex at the US Oval. Please, let anyone who may be interested know about these clinics. You can also download a poster from our website so you can hand them out or post them.

Zumba Gold: Our current Zumba instructor Michele Wright is offering a Zumba Gold class to lead folks of all ages and abilities through the Zumba moves and on to a fun workout while having a great time. Zumba Gold is specifically designed for Senior Citizens and beginners to the Zumba programs. The classes will be held every Thursday evening at the Town Office building on Banker Road from 5:00-5:45pm. Each class costs \$5.00 per night and class size is limited to 40 participants. The regular Zumba class will follow at 6pm for those looking for a more rigorous workout. Register on a class night.

Zumba: We are still offering Zumba on Thursday nights from 6-7 PM right at the Town of Plattsburgh Office building on Banker Road. Each class costs \$5.00 per night and is limited to 40 participants. You can register on class night.

Senior Trips: We are in the process of planning one more senior trip this winter to Lake Placid for the Stars on Ice Show. Registration will start on December 1, 2011.

Disc Golf: Our 18 hole disc golf course was completed this summer. We have been averaging over 20 people a day that are using the course. It is a great family activity and is for ANY age. If you haven't tried it, stop by our office and we will loan you discs to go try it out. Don't forget that the course is open year round. You can play this winter in boots or even with snowshoes!

If you have any ideas or questions...we would love to hear from you! You can call or email us at anytime! (Email: rec@townofplattsburghrecreation.com or call 562-6860)

Don't forget to become a fan of us on Facebook! Just search for "Town of Plattsburgh Parks & Recreation Department" and add us.

Also, don't forget to check our website for frequent updates.

<http://www.townofplattsburghrecreation.com>

We will continue to update our website with changes or new additions to our schedule!

Town of Plattsburgh Parks & Recreation